

## Maintenance and cleaning



The internal and external surfaces of the CLA Nursing Doll do not require any particular maintenance. If they are dirty or after use, it is sufficient to clean them with water or a soap solution, as the case may be. Afterwards, they should be treated with talcum, silicone oil, creme or a skin care lotion to improve gliding properties. The same holds true for the practice parts.

An exception are the joint connections. It is expedient to spray them with a thin layer of the included silicone oil after each cleaning and from time to time, in order to achieve maximum gliding properties.

At the hip joint, make sure to also spray the part of the thigh that is covered by the thigh cuff by lifting the latter.

Treat the insides of the eye sockets, the nasopharyngeal zone, the oesophagus, the trachea, the urethra, and the rectum in the same way with the silicone oil. Detailed information can be found with each training application.

The joint surface on the inside of the neck should also be treated with the included talcum

powder. If the head is detached from the torso, the underside of the head as well as the parts of the neck that remain on the torso should be rubbed thoroughly with talcum powder.

In order to maintain and clean them, the head (with the nasopharyngeal zone, the trachea, the oesophagus) and the limbs can be detached from the torso by means of screw attachments. The different organ parts can be separated and linked via screw attachments and plug caps. In order to maintain them in a fully functional state, they should be lubricated very thinly with the included Vaseline, especially every time after they have been cleaned.

Plaster residues can be removed using adhesive plaster remover, cleaning solvent or alcohol. Only skin-friendly plasters should be used. Do not use any coloured disinfectant or iodine/iodine substitutes to demonstrate skin disinfection.

Use nothing but pencil or skin-friendly plasters for any markings - traces of crayons, ballpoint pens, ink pen-

cils, and any other coloured solutions cannot be removed.

Particulars and precise instructions are detailed under the descriptions of each training application and must be observed in every case.

### Summary of maintenance instructions:

Check list 'Silicone oil' page 7

Check list 'Talcum' page 8

Check list 'Vaseline' page 9

### Cleaning:

#### Light soiling:

To be removed by using warm water and soapsuds or washing-up liquid.

#### Heavy soiling:

To be removed by using warm water and soapsuds, washing-up liquid or by very carefully using cleaning solvent or alcohol.

#### Plaster residues:

To be removed by using adhesive plaster remover or by very carefully using cleaning solvent or alcohol



## Maintenance / check list for silicone oil



1) Eye lids and eye sockets



5) Shoulder joint



9) Hip joint (lift the plastic cover = thigh bandage)



2) Oral cavity, nasopharyngeal zone, oesophagus, trachea (spray through the nose, from the inside)



6) Elbow joint



10) Knee joint



3) Tracheotomy



7) Wrist



11) Ankle joint



4) Neck joint (connection from the neck to the upper part of the body)



8) Waist



12) Cannulas, probes, catheters, tubes, urethra

